



LIFE TRACKER FORM

The figure shows a 12x12 grid of colored squares. The columns are labeled 'AM' and 'PM' at the top. The rows are numbered 12 down to 1. The colors follow a repeating pattern: yellow (rows 12-11), orange (rows 10-9), pink (rows 8-7), purple (rows 6-5), blue (rows 4-3), cyan (rows 2-1), and green (rows 12-11). Each row has a different starting color and a different length of each segment, indicating varying data values.

START DATE

3/19/17

TIME

WM = Walmart
LB = Litter Box
RC = Recycling
TT = Take Out Trash

PO = PO Box
RB = RedBox
SW = Step Work
CR = CR Meeting



MOOD

DATE		TIME			T		Take Out Trash		CR = CR Meeting		?		Unknown	
DAY	DATE	MEDS	MEALS		B	L	D	Ψ	CHORES		NOTES			
									Dinner	Outings, Social, etc.	?	?	?	?
S	3/19	☀️	●	●	●	●	●	●			?	?	?	?
M	3/20	☀️	●	●	●	●	●	●			?	?	?	?
T	3/21	☀️	●	●	●	●	●	●			?	?	?	?
W	3/22	●	●	●	●	●	●	●			?	?	?	?
T	3/23	●	●	●	●	●	●	●			?	?	?	?
F	3/24	●	●	●	●	●	●	●			?	?	?	?
S	3/25	●	●	●	●	●	●	●			?	?	?	?
S	3/26	☀️	●	●	●	●	●	●			?	?	?	?
M	3/27	☀️	●	●	●	●	●	●			?	?	?	?
T	3/28	●	●	●	●	●	●	●			?	?	?	?
W	3/29	●	●	●	●	●	●	●			?	?	?	?
T	3/30	●	●	●	●	●	●	●			?	?	?	?
F	3/31	●	●	●	●	●	●	●			?	?	?	?
S	4/1	●	●	●	●	●	●	●			?	?	?	?
S	4/2	☀️	●	●	●	●	●	●			?	?	?	?
M	4/3	☀️	●	●	●	●	●	●			?	?	?	?
T	4/4	●	●	●	●	●	●	●			?	?	?	?
W	4/5	●	●	●	●	●	●	●			?	?	?	?
T	4/6	●	●	●	●	●	●	●			?	?	?	?
F	4/7	●	●	●	●	●	●	●			?	?	?	?
S	4/8	●	●	●	●	●	●	●			?	?	?	?
DAY	DATE	☀️	†	B	L	D	Ψ		CHORES	NOTES			HYGIENE	MOOD